



Emergency Brown Bag Meals

Emergency Meals Save Lives

The pandemic has shined a light on hunger and the need for food in all communities. Job losses and lack of school lunch access have stretched food budgets for families. Social Security doesn't always last until the end of the month for vulnerable seniors. Our homeless brothers and sisters often have empty pockets and an empty stomach.

Our Sharing parishes: Our Lady of Tepeyac, St. James. St. Philip Neri and St. Sabina greatly appreciate receiving nonperishable meals for the people who visit their food pantries and those who ring the bell at their rectories after hours. Sister Paulanne is always glad to have bags to give to local families to tide them over until long term help can be arranged.

Meals can be assembled by individuals or groups and any quantity makes a difference. Please prepare a clean work surface and wear disposable gloves. Completed bags should be folded over once at the top and placed in new large plastic bags labeled with the number of completed bags inside. Contact Julie Cooper at jmcooper1029@comcast.net to arrange delivery.

Please double bag larger size lunch bags and fill with the following items in single serve, original package:

- Tuna salad and cracker kit or chicken salad and cracker kit
- Fruit cup or applesauce cup
- Cheese and cracker packets or peanut butter and cracker packets
- 100% juice box, pouch, can or plastic bottle
- Trail mix in single serve package
- Dried fruit
- Power bars or granola bars
- Plastic spoon wrapped with a napkin

Thank you in advance for your generosity to our neighbors in need!