

CONVERSATIONAL PRAYER

Participant's Folder Version

1. **Jesus is here.** Matt 18:19, 20
Visualize Christ. Welcome him. Use creative imagination. Be silent.
2. **Thank you, Lord.** Phil 4:4–7
Gratitude is a heart-opener. Be audible, brief, to the point. Use open-ended prayer; don't close it.
3. **Help me, Lord.** Jas 5:13–16
Forgive me, Lord. Pray for yourself: then others can pray for you. Be specific . . . be honest. Say "I" when you mean yourself. Say "we" when all present can be included.
4. **Help my brother/sister.** Mark 11:22–25
Pray for others by name. Pray briefly, informally, with love. You may agree or add to another's request. Give thanks when someone prays for you.

Points to remember:

- Don't fear silence
- Let the Holy Spirit lead you
- Be simple, specific, and supportive